



Hackensack  
Meridian *Health*



## *Breastfeeding Support Group*

Hackensack University Medical Center

# Celebrating the “Gentle Art of Breastfeeding”

Join us as we get together with breastfeeding mothers to share experiences and support one another. All support groups are led by one of Hackensack University Medical Center’s lactation consultants

Time: 1 – 2:30 p.m.

Date: First Monday of every month

Location: The Debra Simon Center for Integrative Medicine  
Community Education Room #2  
87 Route 17 North  
Maywood, NJ 07607  
551-996-4606

**\*\*NOTE: NO REGISTRATION OR FEE REQUIRED\*\***

*Light refreshments will be served.*