



Hackensack
Meridian Health
Hackensack University
Medical Center



American
Heart
Association®

AUTHORIZED
TRAINING
C E N T E R

Family and Friends® CPR Course

The American Heart Association’s Family and Friends® CPR Course is designed for family members, friends, and members of the general community who want to learn CPR (cardio-pulmonary resuscitation) and first aid for choking for all ages. The course does not issue a course completion card. It is perfect for new and expectant parents, grandparents, relatives, and seniors.

2019 Class Dates	
Monday, January 7 or 14	Monday, July 1 or 8
Monday, February 4 or 11	Monday, August 5 or 12
Monday, March 4 or 11	Monday, September 9 or 16
Monday, April 1 or 8	Monday, October 7 or 14
Monday, May 6 or 13	Monday, November 4 or 11
Monday, June 3 or 10	Monday, December 2 or 9

Time: All classes are held from 6:30 - 9:30 p.m. (Registration begins at 6:15 p.m.)

Cost: \$35 per person

Course Location: The Hekemian Conference Center
St. John Building, Ground Floor
Hackensack University Medical Center
30 Prospect Avenue
Hackensack, NJ 07601

Parking: Parking is available in the main parking garage. A complimentary parking voucher will be provided upon arrival to class. Please stop at the information desk in the main hospital lobby for a visitor’s pass, directions, and/or notification of room changes.

Please Note: A doctor’s note is required prior to CPR training for those participants who have medical or pregnancy-related limitations.

For questions or more information, please contact the Life Support Training Center by phone at 551-996-2401 or 551-996-8441 or by email at: CprTraining@hackensackmeridian.org.

Cancellation Policy: Refund in full if you cancel up to seven days prior to the class, minus book fee (\$5 per book). No refunds will be issued after that time. Payment may be applied to a future class within the next three months. The Life Support Training Center reserves the right to cancel any course for which minimum enrollment numbers are not met. A full refund will be issued should that occur.

Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.