



Hackensack
Meridian *Health*
Riverview Medical Center



Car Seat Safety Inspections & Resources

Saving lives with car seats

Using a properly installed and correctly used car seat (child safety seat) is the best way to protect your child when traveling by car. Child safety seats can greatly reduce the risk of a potentially fatal injury, especially for babies. When choosing any car seat, following some general guidelines will help ensure a child's safety. The best car seat for your child appropriately fits your child's weight, size, and age, as well as your vehicle.

Need help with car seat safety?

Studies show that car seats are often used incorrectly. Certified child passenger safety technicians are specially trained to help parents make sure children are as safe as possible while traveling in a vehicle. To find a child safety seat inspection area and upcoming dates for inspections, contact:

- **Monmouth County:** 732-431-7139
- **Ocean County:** 732-341-3451 or 732-557-4427
- **Seatbelt Check Hotline:** 866-732-8243 (toll-free) or www.seatbeltcheck.org

Always remember to use the car seat safely and correctly during each and every trip – no matter how short the traveling distance may be.